

MiraBurst[®]

Taste the Sweet Sensation



MiraBurst Miracle Berry: The World's Only Taste-Masking and Taste-Modifying Superfruit

- *Helps mask and manage chemotherapy-associated taste disturbances (including metallic taste).*
- *Naturally turns sour or tart fruits, foods, and drinks deliciously sweet without any added sugar or sweetener*
- *Rich in polyphenols and other essential phytochemicals with anti-cancer and antidiabetic properties.*





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MiraBurst must be consumed **BEFORE** eating or drinking

INTRODUCTION

MiraBurst is Nature's Solution for a Healthier World

Miracle berry (*Synsepalum dulcificum*) is the world's only taste-modifying and taste-masking superfruit that can help maximize the power of nutrition to fight several chronic metabolic diseases, including cancer and diabetes, and make the world a healthier place for all.

This can be achieved through harnessing the health benefits of the miracle berry to maximize the power of nutrition to help reduce insulin resistance, which is the core risk factor underlying all the chronic metabolic diseases including type 2 diabetes and several types of cancer. Miracle berry helps everyone enjoy healthy, low-sugar fruits, foods, and drinks. Plant-derived whole foods contain polyphenols, other antioxidants, and phytochemicals, as well as fiber which have several disease preventing properties, including anti-cancer, anti-diabetes, and cardioprotective properties.

MiraBurst Mini Squares is a trademarked nutraceutical product produced from 100% pure miracle berry powder without any additives or preservatives. It dissolves smoothly on the tongue to activate the taste buds before eating or drinking.

Despite the development of new medicines every year, the global incidence of chronic diseases, including diabetes and cancer, continues to rise steadily





What is the MiraBurst Miracle Berry?

The miracle berry is the world's only taste-modifying and taste-masking superfruit.



As a taste-modifying berry, the MiraBurst miracle berry temporarily activates the taste buds on the tongue and tricks the mind into perceiving sour or tart flavors as sweet. This helps to enhance the taste of healthy, low-sugar fruits, foods or drinks without adding any sugar or sweetener.

As a taste-masking berry, it helps mask and manage chemotherapy-associated taste disturbances so chemotherapy patients can enjoy the normal taste of food again.

As a superfruit, it is rich in polyphenols and other essential phytochemicals with anti-diabetic and anti-cancer properties.

The MiraBurst berry is highly perishable, so to prolong its shelf life and make it easier to carry around, the berry has been converted into powder and compressed into orally dissolving MiraBurst Mini Squares without any additives or preservatives.



Berries are harvested directly from our organic farms



The berries are converted into powder



Compressed into Mini Squares to prolong shelf life. No additives or preservatives



MiraBurst works only with sour or tart fruits, foods, and drinks **when using it as a taste-modifier.**

MiraBurst must be consumed **BEFORE** eating or drinking

How Does the MiraBurst Mini Squares Work and How Do You Use It?

The MiraBurst miracle berry is the world's only taste-masking and taste-modifying superfruit



- 1** **As a taste-masking** product, it helps mask and manage chemotherapy-associated taste disturbances.
- 2** **As a taste-modifier**, it activates the taste buds on the tongue and tricks the mind to perceive sour or tart as sweet.
- 3** **As a superfruit**, it has anti-cancer and anti-diabetic properties.

HOW TO USE: The MiraBurst Mini Squares can be used ...

A. As a taste-masking product to help mask and manage chemotherapy-associated taste disturbances (including metallic taste). Excellent for cancer patients undergoing chemotherapy.

Let one Mini Square completely dissolve on the tongue and **wait about a minute** for it to activate your taste buds **before** enjoying your meals or drinks. **Do not chew.**

B. As a taste-modifying product to turn sour or tart fruits, foods, and drinks sweet without any added sugar or sweetener. Excellent for diabetics, prediabetics, and the general public.

Let one Mini Square completely dissolve on the tongue and **wait about a minute** for it to activate your taste buds **before** enjoying your sour or tart fruits, foods, or drinks. **Do not chew.**



MiraBurst for Cancer Patients



MiraBurst is a superfruit that not only masks and manages chemotherapy-associated taste disturbances for cancer patients but can also help fight the cancer itself.

Benefits During Chemotherapy

Taste disturbances during chemotherapy lead to food aversions, malnutrition, worse treatment outcomes, and reduced quality of life.

A recent clinical trial has concluded that habitual consumption of miracle berry is effective in masking and managing chemotherapy-associated taste disturbances to improve food taste perception, nutritional status, and quality of life in malnourished cancer patients undergoing chemotherapy.

Benefits to cancer patients in general, including cancer survivors.

Besides helping to manage chemotherapy-associated taste disturbances, miracle berry works in different ways to help fight the cancer itself. As a superfruit, it is rich in anti-cancer bioactive compounds with cancer-fighting properties.

Regular consumption of the miracle berry has been found in a clinical trial to contribute to reducing biomarkers of inflammation and cachexia (weight loss and muscle wasting) in malnourished patients with cancer and taste disorders.

In addition, scientific research has shown that consuming miracle berries can **help improve oral and gut microbiomes and reduce insulin resistance**, which can help fight some cancers.

Finally, the unique **taste-modifying properties** of the miracle berry help improve taste perceptions without the need to add sugar or sweetener. This helps reduce consumption of sugar and processed foods while helping to enjoy healthy, low-sugar fruits and vegetables with cancer-fighting properties (refer to MiraBurst smoothies).



MiraBurst for Diabetics and Prediabetics:

MiraBurst works in diverse ways to help manage blood sugar in a sustainable way by helping to reverse insulin resistance (the root cause of type 2 diabetes) through permanent lifestyle modification.



MiraBurst works to reduce insulin resistance (the root cause of type 2 diabetes), through:

Reduction in consumption of sugar and processed foods. This is the result of the unique taste-modifying properties of the berry which causes improvement in taste perception without the need to add any sugar or sweetener. This leads to a healthier eating lifestyle and better weight management.

Improvement in gut microbiome and gut health. Scientific research has shown a strong correlation between improvement in gut health (gut microbiome) and reduction in insulin resistance. Miracle berry helps improve gut health through different ways, including direct effect of consuming the berry, helping to reduce consumption of sugar and processed foods, increased consumption of probiotic-rich unsweetened yogurt parfait and other fermented foods and drinks, and increased consumption of low-sugar, high-fiber fruits and vegetables including fruit smoothies and green smoothies with fruits (refer to MiraBurst smoothie recipes).

Management of sugar addiction and cravings without causing insulin spikes. When MiraBurst miracle berry is paired with sour or tart fruits, foods or drinks, it gives a clean sweet taste similar to sugar and triggers dopamine release in the taste-reward system of the brain to give the same “feel good” effect as sugar without insulin spike or any of the negative health effects of sugar. Since the person is not consuming sugar, overtime, the body gets used to less sugar and does not crave it anymore!

Reduction in blood sugar and insulin spikes:

MiraBurst helps prevent blood sugar spikes through the insulin signaling pathway which allows the body to better utilize sugar similar to the effect of insulin but without causing any spikes in insulin levels. In addition, MiraBursts helps everyone enjoy healthy low-sugar fruits, foods and drinks which lead to reduction in blood sugar and insulin spikes.

Anti-diabetic effects of consuming the miracle berry itself. Scientific research has shown that consuming the miracle berry itself helps improve insulin resistance and thus helps improve management of blood sugar.



MiraBurst for Healthy Living and Children:



Healthy Living

MiraBurst helps ...

- cut down the consumption of sugar and processed foods
- enjoy sour or tart (low-sugar) fruits, foods or drinks that leads to a healthy lifestyle modification
- maintain a healthy lifestyle

MiraBurst for Children

With the help of MiraBurst, children can enjoy a low sugar eating habit and take the initiative of adding healthy sour or tart fruits, foods, and drinks to their daily eating habits.

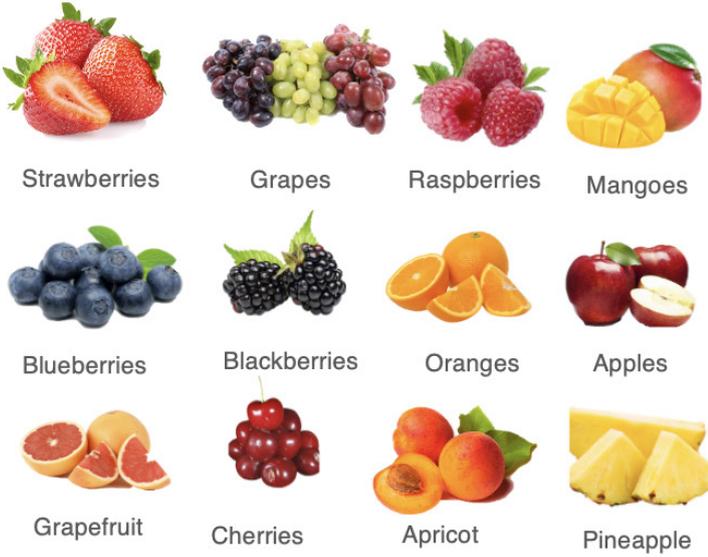
MiraBurst turns healthy fruit salad or fruit smoothie into a naturally sweeter and more delicious snack. Lemon water or freshly squeezed orange juice turns deliciously sweet to enjoy.





What to Pair with MiraBurst Mini Squares to Experience the Taste-Modifying Effect

Sour or Tart Fruits



Smoothies



Green Smoothies with Fruit

Fruit Juices



Fruit Smoothies

Lemon Water



Lemon Water

Apple Cider Vinegar in Lemon Water



Yogurt Parfait or Kefir



Yogurt Parfait



Kefir

Wine or Alcoholic Cocktails



Wine



Cocktails
(Alcoholic & Non-Alcoholic)



What to Pair with MiraBurst Mini Squares to Experience the Taste-Modifying Effect



Sour or Tart Fruits

Turn all your healthy sour or tart fruits and fruit salads especially berries and citrus fruits naturally sweeter to enjoy.



Smoothies

Adding sour or tart fruits like strawberries to your smoothies can turn them instantly sweet when paired with MiraBurst!



*Simply take MiraBurst **BEFORE** blending your smoothie concoction, and then by the time you're ready for the first sip, MiraBurst will have activated the taste buds.*



What to Pair with MiraBurst Mini Squares to Experience the Taste-Modifying Effect

Fermented Foods and Drinks



Enjoy unsweetened fermented foods and drinks (natural probiotics) to improve gut health and help manage weight and blood sugar levels.



Lemonades and Fruit Juices

Enjoy sugar-free lemonade to improve hydration.

MiraBurst helps to enjoy pure lemon water, apple cider vinegar in lemon water, a mixture of lemon and orange (orange lemonade), mango lemonade, fruit juices, etc.





MiraBurst must be taken **BEFORE** consuming your sour or tart fruits, foods or drinks

What to Pair with MiraBurst Mini Squares to Experience the Taste-Modifying Effect: Other Sour or Tart Foods and Drinks.

There are plenty of ways you can take advantage of the taste-modifying properties of this wonderful berry

HERE'S A SMALL SAMPLE OF THE VARIETY OF USES FOR THIS EASY-TO-USE NATURAL TASTE MODIFIER



Carbonated Drinks with lemon or lime juice



Cocktails



Wine

This allergen and gluten-free berry is a superfruit, rich in antioxidants and other phytonutrients – in other words, it truly is a ‘miracle!’ We encourage you to discover even more ways to take advantage of MiraBurst, the World’s Only Taste-Modifying Berry!



Building a MiraBurst Smoothie

Benefits of Consuming Fruits and Vegetables:

Scientific research has shown that eating a diet high in fruits and vegetables can reduce a person's risk of developing obesity, diabetes, heart disease, some types of cancer and inflammation. Smoothies can be a great option in helping to increase one's daily intake of fruits and vegetables. However, many smoothie recipes and commercial smoothies are packed full of added sugars, which can lead to blood sugar spikes, excessive calorie intake, and cravings

What is a MiraBurst Smoothie?

MiraBurst smoothies are low-sugar healthy smoothies which are excellent for diabetics, prediabetics, cancer patients as well as everyone looking to enjoy a healthy eating lifestyle. These smoothies combine the power of MiraBurst with a protein, fiber and nutrient-rich smoothie that satisfies sweet cravings but with no added sugar or sweetener while promoting gut health. Thanks to the power of MiraBurst, vegetable-rich smoothies can now taste sweet and delicious without any added sugars.





MiraBurst Smoothie Recipes for Malnourished Cancer Patients:

These are **low-sugar, high-protein, high-calorie, fiber and nutrient-rich** smoothies that pair well with MiraBurst to give a great taste perception without any added sugar or sweetener.

It helps improve gut health, reduce insulin resistance, improve nutritional status, reduce risk of cachexia and have cancer-fighting properties

Samples of MiraBurst smoothie recipes for cancer patients:

The Power Green MiraBurst Smoothie

1 cup strawberries, diced
1 cup spinach, raw
¼ cup celery, diced
¾ cup unsweetened Greek yogurt (full fat)
½ cup diced avocado
1 Tbs chia seeds
1 scoop unflavored protein powder

The Berry-Sweet MiraBurst Smoothie

½ cup raspberries
½ cup blueberries
½ cup strawberries?
½ cup spinach, raw
¾ cup unsweetened Greek yogurt (whole milk)
1 Tablespoon lemon juice
1 Tbs chia seeds
1 scoop unflavored protein powder.

Green Smoothie with Berries

1 cup of spinach
1/2 cup of avocado
1 1/4 cup of frozen strawberries
1 1/4 cup of frozen raspberries
1 cup whole milk
½ cup silken tofu

Citrus Berry Green Smoothie

1 cup frozen strawberries
1 peeled orange
1 cup of frozen spinach
¾ cup of unsweetened Greek yogurt (full fat)
½ cup diced avocado
1 ¼ cup of 100% fruit juice

The Lemon-yay Smoothie

¾ cup lemon, diced
½ cup diced avocado
½ cup spinach, raw
1 cup unsweetened kefir
1 scoop unflavored protein powder
1 teaspoon apple cider vinegar

Triple Berry Kiwi Smoothie

1 cup of frozen strawberries
½ cup of frozen blueberries
½ cup of frozen raspberries
One kiwi
¼ cup diced avocado
1 cup of freshly squeezed orange juice
1 scoop unflavored protein powder



MiraBurst Smoothie Recipes for Diabetics and Prediabetics:

These are **low-sugar, high-protein, low-calorie, fiber and nutrient-rich** smoothies that pair well with MiraBurst to give a great taste perception without any added sugar or sweetener.

It helps improve gut health, reduce insulin resistance, has anti-diabetes properties and helps manage blood sugar in a sustainable way.

Samples of MiraBurst smoothie recipes for diabetics and prediabetics:

The Power Green MiraBurst Smoothie

1 cup strawberries, diced
1 cup spinach, raw
¼ cup celery, diced
¾ cup unsweetened Greek yogurt
¼ cup diced avocado
1 Tbs apple cider vinegar

Citrus Berry Green Smoothie

1 cup frozen strawberries
1 peeled orange
1 cup of frozen spinach
¼ cup of unsweetened Greek yogurt
1 ¼ cup of water.

The Berry-Sweet MiraBurst Smoothie

½ cup raspberries
½ cup blueberries
½ cup strawberries?
1 cup spinach, raw
¾ cup unsweetened Greek yogurt
1 Tablespoon lemon juice.

The Lemon-yay Smoothie

¾ cup lemon, diced
½ cup cucumber, diced
½ cup spinach, raw
1 cup unsweetened kefir
1/2 Tablespoon apple cider vinegar

Green Smoothie with Berries

1 cup of spinach
1/4 cup of avocado
1 1/4 cup of frozen strawberries
1 1/4 cup of frozen raspberries
1 cup of water

Triple Berry Kiwi Smoothie

1 cup of frozen strawberries
½ cup of frozen blueberries
½ cup of frozen raspberries
Two kiwis and
1 cup of freshly squeezed orange juice



Low-Sugar Cocktails for the Win!



MiraBurst provides a natural and healthy solution for eliminating sugar and syrups in cocktails while elevating the taste to an even higher level of satisfaction. With MiraBurst, any low-sugar alcoholic or non-alcoholic cocktail will taste sweet if it contains lime, lemon, or any other sour or tart fruit juice (such as strawberry or orange).

How to Use Miracle Berry with Cocktails

Step 1: While waiting for your cocktail, let one MiraBurst Mini Square dissolve completely on the tongue to activate your taste buds.

Step 2: Prepare the cocktail as usual but leave out the sugar and syrups. Keep any of the sour or tart ingredients such as: lime, lemon, or any other sour or tart fruit juice (such as strawberry or orange).

Step 3: Enjoy the deliciously sweet sensation without the guilt that comes with sugary additives or ingredients!



Let one MiraBurst Mini Square dissolve completely on the tongue

+



Prepare your cocktail without sugar or sweetener

=



Enjoy the deliciously sweet sensation!

MiraBurst[®]

Taste the Sweet Sensation

YOU NEED TO TRY MIRABURST MINI SQUARES
TO APPRECIATE THE MIRACLE OF NATURE. .

LEARN MORE AT [MIRABURST.COM](https://www.miraburst.com)

