

**TIPS TO GET THE MAXIMUM EFFECT  
FROM THE BERRY:**

- **ALWAYS** keep the berries **FROZEN**. This is because the berry starts to lose its taste modifying effect quickly after it de-freezes or thaws.
- **ALWAYS** eat the berry when chilled or **FROZEN** because of the reason above.
- If needed, the berry can be rinsed with **ONLY COLD WATER** just before eating. (The berries have already been washed before packaging).
- For more intense taste modifying effect or sensation, eat more than one berry at a time or one after the other.

**Taste the Sweet Transformation!™**

**MiraBurst®**

*Taste the Sweet Sensation!®*

**FRESHLY FROZEN MIRACLE BERRIES**



# What to Eat with **MiraBurst**<sup>®</sup>

Taste the Sweet Sensation!<sup>®</sup>

## Try It Alone!

These foods taste great eaten alone with MiraBurst<sup>®</sup> products.

- **FRUITS:** Strawberries, Grapefruit, Oranges, Lemons, Apples, Pineapples, Limes, Kiwi, Blueberries, Cherries
- **DAIRY:** Kefir, Yogurt, Cottage Cheese
- **WINE**



## Combine with Mixers!

Get creative by incorporating MiraBurst<sup>®</sup> with these combinations.

- Vegetables and salads (with lemons, vinegar or sour cream)
- Different types of sugar free smoothies and fruit juices
- Vodka (with fruits such as lemons, limes, oranges or grapefruits)
- Lemon Water or Apple Cider Vinegar in Lemon Water



For more information, visit [www.miraburst.com](http://www.miraburst.com)

## Instructions – How to eat the miracle berry:

- Take one or two berries from the pack of frozen berries and immediately re-insert the remaining berries back into the freezer.
- To experience maximum taste modifying effect, we recommend eating the berry immediately it comes out of the freezer while chilled or frozen. If needed, rinse with only cold water.
- Place the berry in your mouth and using your tongue and teeth, swish it around for about 30 seconds to one minute until you have eaten the pulp completely. The longer you hold it and allow it to fully coat your tongue, the better the effect will be.
- Take the seed out of your mouth (do not chew or swallow the seed). Accidental swallowing or chewing of the seed will not cause any harm (except that it has a slightly bitter taste).
- Enjoy food and drinks immediately after that!